



Welcome to the Team.

We have recently welcomed two new staff members to our Meals on Wheels team.

Michelle Rebetzke started in June as Administration Assistant. Michelle relocated to Rockhampton this year with her family and was previously the manager of Mackay Meals on Wheels.

Alicia Traywick has started in October as the new Accounts Officer. Alicia has a background in accounts and Community Organisations.

Alicia will be replacing our current accounts officer Jenny Semple who is leaving us in November after 2 years with our Service.

Snapshots

Whats' been happening at Mow?

Bunnings Sausage Sizzle in September.
Pictured: Staff Members Linda Mooney and Seng Wong and Volunteer Trish Le Cudenec



August 26th was National Meals on Wheels Day.
Pictured: Volunteers Trudy McCaul and Judy Sait.

SAY CHEESE!

Long term Volunteer Gordon Walker celebrating his Birthday in September.



Staff and Volunteers learning how to use the new Heart Defibrillator that we now have our service;

Thank you to Reckitt Benckiser.

A huge THANK YOU to the Reckitt Benckiser Company for generously donating Glen 20 and Pine O Clean Disinfectant Wipes for each of our Clients and Volunteers. It is great to see that big companies continue to support our service and acknowledge the local community.



Pictured: Volunteers Elizabeth Choules and Lyn Pohlner



Pictured: Volunteers Gordon Walker, John Diamond, John Dyer, Ken Mitchell and Snoopy Carson.



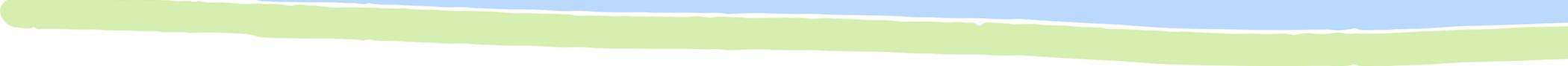
Meals on Wheels Rockhampton

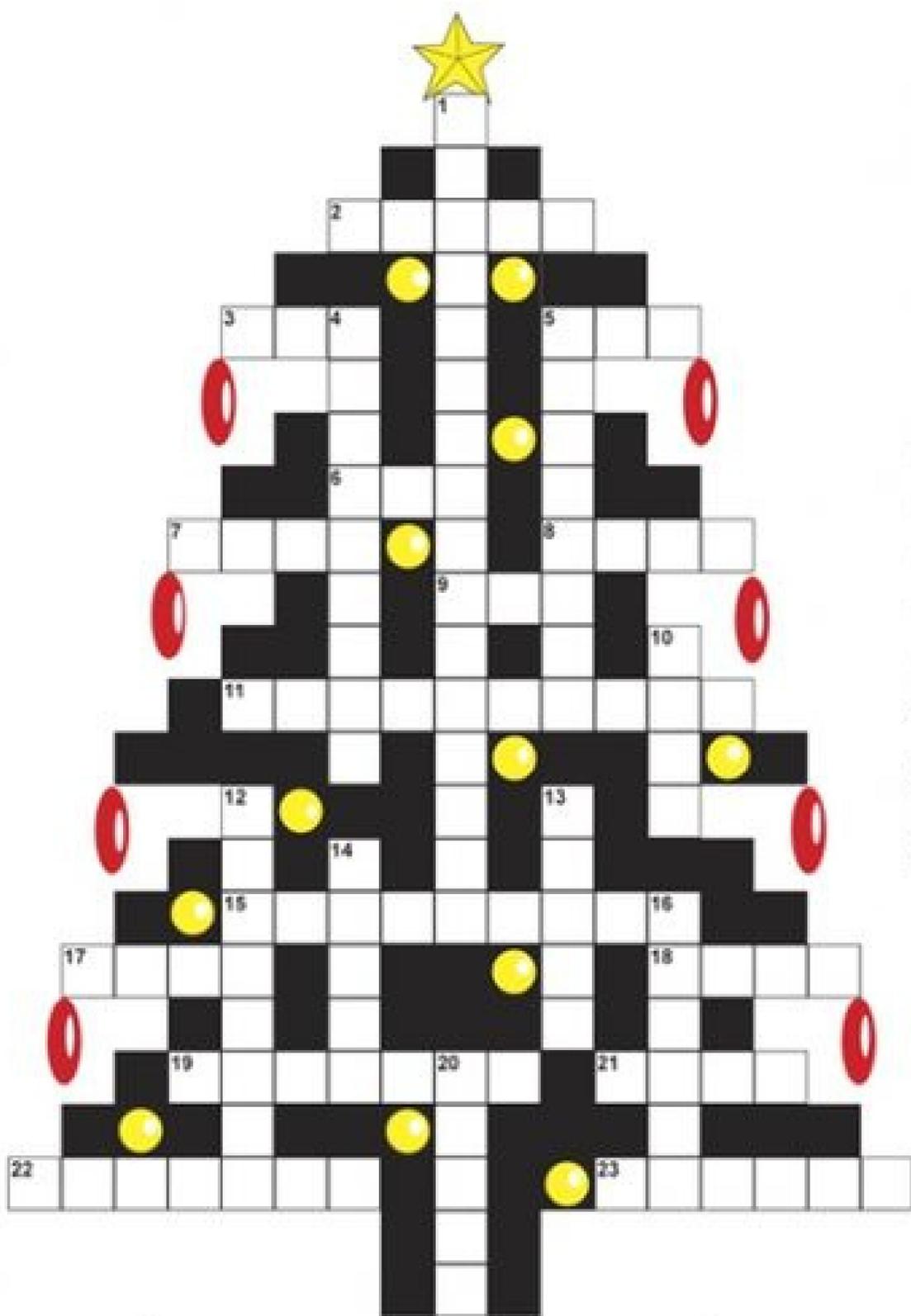


Meals on wheels Rockhampton Inc
www.rockhamptonmealsonwheels.com



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Across

- 2 The expressed juice of apples (5)
- 3 One of the rear quarters of a pig - a Christmas Dinner delicacy (3)
- 5 A pear-shaped fruit eaten at Christmas (3)
- 6 One who does not behave like a gentleman at the party (3)
- 7 Auld Lang ... , a song traditionally sung on New Years Eve (4)
- 8 Christmas presents hoped for by children (4)
- 9 A Hebrew judge and high priest (3)
- 11 Monday to Friday evenings (10)
- 15 What must be done to the house at Christmas (9)
- 17 That which is eaten on Christmas Day (4)
- 18 A person who is seen to be closest to an admired stereotype (4)
- 19 Stable troughs from which cattle eat (7)
- 21 White flakes that fall at Christmas - more in other countries (4)
- 22 The writer of A Christmas Carol, Charles ... (7)
- 23 A spirit distilled from the fermented juice of grapes (6)

Down

- 1 Rudolph the ... (3-5,8)
- 4 Covered tarts, filled with mincemeat (5,4)
- 5 That which is done on Christmas Day (8)
- 10 What the Three Wise Men saw in the East (4)
- 12 Less than twentyone (5-3)
- 13 What is done eagerly to the Christmas pudding (5)
- 14 That which often covers the Christmas cake (5)
- 16 It mostly takes place in the middle of Christmas Day (6)
- 20 A baked dinner (5)